Seymour Extreme Dance Inc. Dress Code

All dancers are to follow the Seymour Extreme Dance Inc. dress code.

- Hair MUST to be tied up and/or secured out of the face.
- Acceptable attire include: Leotard with tights (with or without dance skirt is acceptable), booty shorts with cami top, leggings with cami top, and a t-shirt is acceptable as long as it is fitted. Sweatpants must be banded/gathered at the ankle to avoid slipping, tripping, and any injuries.
 - No loose clothing or jean/denim! Jeggings are not acceptable.
- Pictured below are the 3 types of dance shoes that are acceptable for practice & recital. Shoes should be tan in color for consistency on stage. Dance prep will be required to have tan jazz dance shoes for competitions.



 Tennis shoes or slippers are not acceptable! For the safety of the dancers we need this to be followed!